



North Marion Middle School Athletics

Athletic Handbook

2023-2024



Contact Information

20246 Grim Road NE, Aurora OR, 97002

503-678-7118 **OR** 503-678-7119

Fax # 503-447-8682

Website: [North Marion Middle School](http://NorthMarionMiddleSchool)

Athletic Director: Lindsay Androy-Koberstein
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Update: August 15, 2023



Athletics Offered

Fall (September - October)

- Volleyball
- Boys Soccer
- Girls Soccer
- Cross Country*

Winter 1 (November - January)

- Boys Basketball

Winter 2 (January - March)

- Girls Basketball
- Wrestling*

Spring (March - May)

- Track and Field*

****6th graders may participate in Cross Country, Wrestling, and Track and Field***

Checklist for Athletics Only

- Must receive a physical by a licensed physician and return completed physical form to the office. Physicals must be current and updated every two years.
- Must complete the NMSD Athletic Participation Permit form and return to office.
- Have all fees/fines paid. There will be NO refund after the first scheduled contest has been played.

All forms must be completed and turned in prior to first practice.



Program of Interscholastic Athletics

The purpose of the Program of Interscholastic Athletics is to promote, direct and conduct interscholastic in such a manner as to further the aims of general education, promote friendly relations with other schools, to uphold the rules and regulations set forth by the Board of Education and the Oregon School Activities Association, to encourage participation by all students, and to teach good sportsmanship and fair play.

A Statement of Regulations for the Interscholastic Athletic Program

The interscholastic athletic program at North Marion Middle School is an integral and significant aspect of modern education. It is to be administered in accordance with the stated philosophy of education of North Marion School District #15.

The interscholastic program is designed for, and should contribute to, the physical growth and development, good physical condition, healthful habits, efficient teamwork, proper teamwork, proper standards of conduct, desirable citizenship traits, and favorable social behavior of the participants.

The athletic program is only one of many school activities and therefore is under the same administration and control as the rest of the school program. The students taking part in the program are expected to meet all academic requirements and to conduct themselves in an exemplary manner.

Athletic contests are to be the culmination of ethical and educationally sound instruction methods employed by the coaches and demonstrated by team members.

The health and welfare of the participants is a primary consideration in conducting the athletic program. Adequate physical examinations, insurance coverage, and supervision of recovery time from illness or accident must be provided. Length of practice sessions, number of practices, number of games and strenuous trips should be carefully planned with the due consideration of the pupils and the physical, emotional and academic demands upon the participants.

The middle school will finance the program of sports from student funds, school district aid and special projects. The total program of secondary school athletics shall be conducted in accordance with the rules and regulations of the Oregon School Activities Association and the policies and regulations set forth by the Board of Education of the North Marion School District #15.



STUDENT RESPONSIBILITIES

Expectations for Students in Activities and Athletics

North Marion students are expected to:

- Attend school and classes on time.
- Avoid the use of alcohol, drugs, and tobacco.
- Respect the rules of the contest and those who administer them.
- Promote good sportsmanship and citizenship in the school and community.
- Report all injuries to the coach/advisor.
- Care for their equipment and return all equipment at the end of the season.
- Maintain positive and timely communication with respective coaches.

North Marion students who cannot live up to these general standards or additional ones in each sport and activity are subject to disciplinary action. In addition to the rules in this handbook, students who are involved in extracurricular activities are expected to follow the rules and guidelines in the North Marion student handbook. *Students who do not follow the student handbook will be subject to discipline as outlined in the student handbook.*

Academic Eligibility

An eligible student is one who is currently enrolled in school, attending regularly and passing all classes. Any exception to this policy must be made through a hardship request to the Athletic Director.

- All athletes' grades will be checked once a week on Monday by the Athletic Department during each sport season. Players and coaches will be notified by the Athletic Director on Tuesday if they are failing any classes and the status of their eligibility
 - ◆ The first week of failing grades, students may continue to practice and compete.
 - ◆ The second week in a row with failing grades, they may practice but cannot participate in competitions and cannot travel with the team.
 - ◆ The third week in a row with failing grades, they cannot practice nor participate in competitions.
 - ◆ If a student is ineligible to play, they will be out for two games before grades are checked again
- When the grades improve, the student-athlete will be able to practice and play. Eligibility will only be reinstated on Tuesdays.



Attendance

Each team member is expected to be present at every practice session, unless absent from school or personally excused by the coach. They must also be in school by the start of 4th period in order to participate in practice and all day to participate in a competition after school that day. Religious or medical exemptions will be considered by the A.D

If you know ahead of time that you will have a doctor or dentist appointment on the same day as a contest or practice, you should bring a note from your parent/guardian to the office at least a day in advance, and complete a pre-arranged absence with the office and your teachers.

Practice Rules

Practice sessions are held after school from 2:45pm to 4:30pm. Students are expected to maintain appropriate behavior in the locker rooms both before and after practice. If there are any changes to the normal practice schedule, they will be communicated via ParentSquare.

Sportsmanship

The North Marion School Board believes that students participating at school functions or school sponsored events should act accordingly as representatives of their school and the district. Students are expected to demonstrate the following behavior when representing the school:

- Display good sportsmanship at all times.
- Show respect for authority and teammates.
- Show respect for referees, umpires, and officials.
- Compete and train in a fair and ethical manner to the best of their ability.
- Show courtesy to the opposing team and fans.
- Comply with the OSAA and Capital Junior Conference rules of etiquette or conduct.
- Comply with other actions as directed by the Superintendent, Principal, Athletic Director, coach, or other person in authority.

Students who violate OSAA or CJC Conference rules may be subject to discipline, including removal from participation in athletics/activities or expulsion from school.

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PERSONAL ITEMS

Personal items of value are brought at the risk of loss, theft and damage. (iPods, cell phones, jewelry, etc.). Locks and lockers are available for every sport from the coach for practices, and home games. If valuables are brought to practice or games (especially away games) the athlete assumes full responsibility for the safety of such items. North Marion Middle School and coaches are not responsible for lost items. Every athlete is responsible to maintain security of his/her own belongings.

Drug & Alcohol Policy

Students representing North Marion Middle School must display behavior which is complementary to the school, must make a consistent effort in the academic program, and have good attendance and behavior records. It is the athlete's responsibility to be aware of and abide by all rules.

In addition, infractions which occur late in one sport season may impact the athlete's participation in the next season.

If a violation of a district guideline, policy, or expectation occurs before or during a season the athlete will enter the next season at the appropriate consequence level of the training rules. Individual coaches may have program-specific rules in addition to those listed here.

Rules infractions and their consequences are listed below:

1. Any athlete found in possession of tobacco or look-alikes in any form at any time shall be suspended from all participation for two weeks and include at least two contests.
2. A second violation of the tobacco policy during a student-athlete's season would result in a suspension of three weeks and include three contests.
3. Any student who finds himself or herself in the presence of any person illegally consuming, possessing, or transmitting alcohol or performance enhancing or prescription or nonprescription drugs will be suspended from all participation for two weeks and include at least two contests. Students who find themselves in this situation must make an effort to leave within a reasonable period of time. In the investigation of a possible violation, the administration will consider what the athlete did immediately after his or her discovery of the activity, who he/she called, where he/she went, and approximate time period elapsed before leaving. No athlete will be disciplined if it is determined that they did everything within their control to leave in a reasonable period of time.



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- Any athlete found in possession or consumption of alcoholic beverages at any time shall be immediately suspended from all participation for three weeks and include at least three contests.
- Any athlete found in possession of or attempting to transmit or deal any prescription or nonprescription drugs, performance-enhancing or hallucinogenic compounds will be suspended from all participation for the remainder of the season. If this offense occurs on school property or at a school-related activity, legal charges may be filed, and other rules in the student handbook will apply.
- Any student who is found to violate the above rules regarding alcohol or drugs for the second time in their middle school career shall be removed from all participation for four months.
- Any student who is found to violate the above rules for a third time in their middle school career will not be able to participate in NMMS co-curricular programs for one calendar year.
- Violations are cumulative and do not necessarily have to be the exact same offense in order to count as a second violation. For example, a student who is caught for a tobacco violation then later caught for an alcohol violation would face the second offense penalty of removal of all participation for four months.
- Any student who is suspended from school or expelled from school will be ineligible to participate in co-curricular activities for the period of the school suspension or expulsion.

Policy administration will be handled by a school administrator, Athletic Director, and the coach involved. Their judgment will be intended to serve the best interests of the student and the school. The athlete and/or their parents may request a conference for further clarification of the athletic policy.

Drug and Alcohol Policy Consequences

Drug	Offense	Consequence
Tobacco (All Types)	1st	2 Weeks / 2 Contests
	2nd	3 Weeks / 3 Contests
Alcohol	Present but not using	2 Weeks / 2 Contests
	1st	3 Weeks / 3 Contests
Drugs other than Tobacco and Alcohol	1st	Excused from team for remainder of season
	2nd	4 months
	3rd	1 calendar year

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Harassment/Intimidation/Bullying

Any act that substantially interferes with a person's educational/athletic opportunities or performance, that takes place on school property, at any school sponsored activity, on school provided transportation or at any official school bus stop, and that has the effect of; knowingly placing a person in reasonable fear of physical harm or reasonable fear that damage may occur to the person's property, or creating a hostile educational/athletic environment which serves to distress, threaten, demean, annoy or torment another person. Violation of the Harassment/Intimidation/Bullying policy will result in consequences as outlined in the North Marion Student Handbook.

PARENT RESPONSIBILITIES

Parent Expectations

- Make certain it is your child who wants to participate in the sport and you are supporting your child and his/her experiences in a positive manner.
- Support the coach/advisor, your student and the team in a positive manner!
- Avoid negative comments to officials; allow them to do their best. Never confront a referee, official, or coach during or at the conclusion of a contest.
- Keep open communication with the coach/advisor.
- Pick up your child within 15 minutes after practice, game/contest, or when the bus returns from an away game/contest.
- Do not bring or use noisemakers at any athletic contest.
- Ensure your student-athlete is attending practice or provide an adequate reason for absence.

Parent Code of Conduct

Parents are expected to demonstrate the following behavior while at school-sponsored events:

- Display good sportsmanship at all times.
- Show respect for authority.
- Show respect for referees, umpires, judges and officials.
- Show courtesy to all visitors and fans.
- Comply with rules of etiquette or conduct of the governing body of interscholastic activities.

Parents who violate OSAA or CJC Conference rules may be subject to removal from school grounds, functions and events.



Communication With Coaches/Advisors

The North Marion Middle School staff wants to work in partnership with parents to provide the most rewarding experience possible for our students. When your child becomes involved in school programs you have a right to understand what expectations are placed on your child.

There are situations that may require a conference between the parents and the coach or advisor. When these conferences are necessary the following procedure should be used to help promote a resolution.

1. Call the middle school at 503-678-7118 to schedule an appointment with the coach or advisor.
2. If the coach or advisor cannot be reached, call Lindsay Androy-Koberstein, Athletic Director 503-678-7116 to set up a meeting for you.

Do not confront a coach or advisor during or after a contest or practice. These can be emotional times for both the parent and coach.

Communication you should expect from coaches/advisors:

- Philosophy of the coach/advisor.
- Supervision and teaching.
- Expectations for your child and other members of the team.
- Location and times of all practices and contests.
- Team requirements (equipment, attendance, off-season conditioning etc.)
- Procedures that will be used if your child should become injured during participation.
- Team rules and consequences for not following the team rules.

Appropriate Issues to discuss with coach or advisor:

- Notification of family vacations that conflict with practice or contests
- Ways to help your child improve
- Concerns about your child's behavior

Issues Not Appropriate to Discuss with Coaches and Advisors:

- Playing time
- Team strategy
- Other students



Inclement Weather or Other Emergency

On days when school is closed due to inclement weather or other emergency situations, no practice or activities will be held. This policy is made with the safety of our students in mind.

Schedules and Schedule Changes

There are several ways to find out what is happening at North Marion Middle School! You can call the main office or you can also log onto <http://www.nmarion.k12.or.us/domain/22>

North Marion School District Board Policies

- *EGB Code of Conduct for Interscholastic Activities*
- *IGDD Student Performances*
- *IGDJ Interscholastic Activities*
- *IGDJB Athletic/Activity Eligibility and Participation in OSSAA/Middle School Programs*
- *JBA Harassment of Students*
- *JFCF/GBNA Hazing/Harassment/Intimidation/Bullying/Menacing*
- *JFC Student Conduct and Discipline*
- *JFCG/JFCH/JFCI Tobacco, Alcohol & Drug Free Environment*
- *JFCK Elimination of Drugs and Alcohol on School Premises*
- *JHCA Physical Examination of Students*
- *JHFA Supervision of Students*
- *KGB Public Conduct on District Property*
- *KGC/GBK Tobacco-Free Environment*

North Marion School District complies with provisions of the various civil rights laws, such as the Fair Employment Practices Act, Title IX Regulations and section 504 of PL 93.112 in employment and educational programs and activities.